

Collect for Today

Almighty Father,
whose Son was revealed in majesty
before he suffered death upon the cross:
give us grace to perceive his glory,
that we may be strengthened to suffer with him
and be changed into his likeness,
from glory to glory;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

Readings for This Week (may vary)

Exodus 34.29-35
(Psalm 99)
2 Corinthians 3.12 - 4.2
Luke 9.28-36[37-43a]

Readings for Next Week (may vary)

Deuteronomy 26.1-11
(Psalm 91.1-2,9-16*)
Romans 10.8b-13
Luke 4.1-13

Verse for the Week:

"Now Peter and his companions were weighed down
with sleep; but since they had stayed awake, they saw
his glory and the two men who stood with him"
Luke 9 v 32

Prayer & Reading Diary Exbourne

Monday

Read: Deuteronomy 26.1-11

Prayer: In such uncertain times, with so much
conflict and war in so many places, we ask you to use
your hand to instil harmony, peace and understanding
and stop such harsh and inhuman acts happening.

Tuesday

Read: Psalm 91.1-2,9-16*

Prayer: As our Schools return after their Half Term
break, bring enthusiasm, joy and learning to all Staff and
Children.

Wednesday

Read: Romans 10.8b-13

Prayer: Thank you for all our Clergy and Readers; lay
your hand on them and give them the power to enrich
our lives and our beliefs through their preaching.

Thursday

Read: Luke 4.1-13

Prayer: We have so many suffering from illness,
sadness, grief, mental health problems, financial
difficulties and more within our midst; grant them relief
and support and ensure we are doing all we can to help
without interfering.

Friday

Read: Micah 6.1-8

Prayer: We thank you Lord for all your support
towards us, take care of our families and friends on
whom we rely so much for our sanity and bless them for
their love and care.

Saturday

Read: Luke 5.27-39

Prayer: As World leaders meet, Lord, we pray you can
bring about miracles to ensure good outcomes from their
endeavours, and encouragement for future generations to
live less complicated lives.

Notices:



* **Sunday, March 2nd** is Cafe Church in the Hall at
11am, followed by cooked lunch, all welcome.
6.30 pm Taize style Holy Communion in church.

* **LENT GROUPS**: There will be two lent groups
both starting in the week beginning 10 March. The
first will be on Monday mornings (starting on Monday
10 March), 10.30am to 12noon at Sara & John's
home, 2 Church Path, Okehampton. Please contact
Sara on 07504 272061 if you would like to attend this
one. The second will begin on Tuesday 11 March,
7.30pm to 9pm – although the first meeting will be at
Pete & Val's house, 111a Station Road, Okehampton,
the second (and following) will be at Phil and Nan's
house, 30 Leeze Park, Okehampton. Please contact
Pete Brayne on 07775 878343 if you would like to
attend. Both groups will be following the Church of
England's Lent theme for 2025, "*Living Hope*" and a
booklet will be available.

* **LENT LUNCHES**: During Lent, there will be
soup lunches in support of Christian Aid, at All Saints
Church Hall, 12noon to 1pm, each Thursday starting
on **6 March**. No need to let anyone know – just turn
up!

* The diocese are offering something for anyone
who loves animals and wants to know more about
reaching people through animals in our church
ministry. **Connecting Through Pets** is on **Tuesday
11th March**.
Contact Sharon.blyth@exeter.anglican.org or go
to <https://forms.gle/5p4L1EoN7GuJcCQU8> for more
information.

Dates for your diary :



* Prayer during the Interregnum

Okehampton All Saint's Parish Church is open every Tuesday morning between 10am and 12 noon for prayer. This is an opportunity to meet and pray with others, or just to sit quietly. Refreshments will be available.

* **St James Chapel**, in the centre of Okehampton, is open all day, every day.

Every Thursday: 10am Communion at St James, Okehampton.

Contact Details:



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Church Services:



Sunday 2nd March

(Sunday before Lent)

9:30am

Belstone – Celtic Morning Prayer
Inwardleigh - Holy Communion
Exbourne – Family Service
Northlew - Morning Prayer
Meeth – All Age Worship
Sourton – Holy Communion

10:30am

Sticklepath - Village Praise

11:00am

Okehampton - Café Church in Church hall
Hatherleigh – Holy Communion
Lydford – Morning Prayer

11:15am

Germansweek - Holy Communion

6:30pm

Okehampton –Taize Holy Communion

Ash Wednesday: 5th March

4:30pm – **Sourton:** Act of Prayer & Fasting

6pm – Bridestowe: United Service at Methodists

6:30pm – All Saints: Holy Communion & Imposition
of Ashes

Sunday 9th March

(1st Sunday of Lent)

09:30am

Belstone – Holy Communion
Inwardleigh – Morning Prayer
Jacobstowe - Morning Prayer
Northlew - Holy Communion
Bridestowe – Morning Prayer
Bratton Clovelly – Holy Communion

11:00am

Okehampton - Holy Communion
Hatherleigh - Morning Service
Meeth - Morning Prayer
Exbourne – Morning Prayer
Lydford - Holy Communion

Grapevine

Sunday before Lent 2nd March 2025



grapevine.northmoor@aol.com



www.northmoorteam.org.uk

During the Transfiguration, Moses and Elijah appeared alongside Jesus, representing the Law and the Prophets (Luke 9:30-31). Their presence affirmed that Jesus was the fulfilment of all that had been revealed in the Old Testament. Moses, the great lawgiver, and Elijah, the mighty prophet, stood in glory, speaking with Jesus about His coming *exodus*—His death and resurrection. It was a moment of profound revelation.

Yet, while heaven touched earth, Peter, James, and John were “**weighed down with sleep**” (Luke 9:32). In key moments—whether in Gethsemane (Luke 22:45-46) or up on the mountain—the disciples struggled to stay awake. They were on the edge of something extraordinary yet almost missed it.

How often do we, too, drift into **spiritual drowsiness**? The weight of daily life, routine faith, or personal struggles can dull our awareness of Christ's presence. The Law and the Prophets may point to Jesus but recognizing Him requires **wakefulness**—a heart attuned to God's voice and a mind engaged with His truth. The disciples' ability to stay awake reminds us that spiritual wakefulness is a choice. It requires effort, discipline, and an openness to God's presence. If we can remain alert, even in moments of exhaustion and conflict, we can glimpse His glory in ways never expected. The key is not just fighting sleep but staying alert to the presence of Jesus in our midst, daily asking “Lord, what are You teaching me today?”

Olive Bush