

Collect for Today

O Lord Jesus Christ,
who at your first coming sent your messenger
to prepare your way before you:
grant that the ministers and stewards
of your mysteries
may likewise so prepare and make ready your way
by turning the hearts of the disobedient
to the wisdom of the just,
that at your second coming to judge the world
we may be found an acceptable people in your sight;
for you are alive and reign with the Father
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

Readings for This Week (may vary)

Zephaniah 3.14-20
(*Canticle*: Isaiah 12.2-6*)
Philippians 4.4-7
Luke 3.7-18

Readings for Next Week (may vary)

Micah 5.2-5a
(*Canticle*: Magnificat or
Psalm 80.1-8)
Hebrews 10.5-10
Luke 1.39-45[46-55]

Verse for the Week:

‘Do not be anxious about anything, but in everything,
by prayer and petition, with thanksgiving, present
your requests to God. And the peace of god, which
transcends all understanding, will guard your hearts
and minds in Christ Jesus.’ **Philippians 4: 6-7**

Prayer & Reading Diary Bridestowe

Monday

Read: Micah 5.2-5a
Prayer: For the Holy Spirit to breathe life into our
church that it may be led into the way of truth, unity
of spirit, the bond of peace and righteousness of life.
Book of Common Prayer

Tuesday

Read: Psalm 80.1-8
Prayer: To give us boldness to preach the gospel in
season and out of season. *2 Timothy 4:2*

Wednesday

Read: Hebrews 10.5-10
Prayer: God our creator who wouldst be pleased to
make thy ways known to all men, have mercy on all
unbelievers and take from them all ignorance,
hardness of heart and contempt of thy word.
Book of Common Prayer

Thursday

Read: Luke 1.39-45[46-55]
Prayer: Almighty God defend us in all assaults of
our enemies and deliver us from evil. *Matthew 6:13*

Friday

Read: Isaiah 32.1-8
Prayer: For those afflicted in mind, body or estate;
that it may please thee to comfort and relieve them,
giving them patience under their sufferings and a
happy issue out of all their afflictions.
Book of Common Prayer

Saturday

Read: Revelation 22.6-21
Prayer: That our hearts may be unfeignedly thankful
and we shew forth thy praise, not only with our lips
but in our lives and giving up ourselves to thy service.
Book of Common Prayer

Notices & Dates For your diary :



- * This Sunday 15th December: **Belstone Carols by Candlelight at 6:30pm.** Followed by mulled cider & other refreshments – all welcome.
- * **Wednesday 18th December: Carol Service at Meeth,** starting at 7pm
- * **Thursday 19th December: Carol Service at Inwardleigh,** starting at 7:30pm – followed by mulled wine etc.
- * **Bridestowe Christmas Tree Festival in St Bridget's Church.**
Opening times: December
Sunday 15th 11.00am to 7.00pm
Monday 16th to Saturday 21st 10.00am to 7.00pm
Sunday 22nd 11.00am to 4.00pm
- * **Saturday 21st December at 5.30pm St Mary's Church, Belstone** - Moor Harmony, Christmas Concert, Christmas songs and Carols for all the family. Mulled Wine and Mince Pies Free admission but retiring collection.

Contact Details:



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Church Services:



Tuesday 24th December

(Christmas Eve)

4:00pm

Belstone – Traditional Crib Service

Exbourne - Crib Service

Lydford – Christingle

Northlew – Crib Service

Okehampton - Crib Service

6:00pm

Bratton Clovelly - Carol Service in the Square

7:00pm

Hatherleigh – Carols in the Square

10:00pm

Northlew – Midnight Mass

11:00pm

Okehampton – Midnight Mass

11:30pm

Bridestowe - Midnight Mass

Hatherleigh - Joint Midnight Mass with Methodists

Wednesday 25th December

(Christmas Day)

9:30am

Inwardleigh - Holy Communion

Sourton – Holy Communion

Belstone - Holy Communion

10:00am

Jacobstowe - Christmas Family HC by ext.

10:30am

Okehampton – Christmas Holy Communion

Sticklepath - Holy Communion

Lydford – Holy Communion

11:00am

Hatherleigh – Christmas Family HC with Methodists

Germansweek – Holy Communion

Church Services:



Sunday 15th December

(3rd Sunday of Advent)

9:30am

Bratton Clovelly – Morning Prayer

Exbourne – Holy Communion

Northlew - Morning Prayer

Inwardleigh – Holy Communion

11:00am

Okehampton - Holy Communion

Hatherleigh – Children's Nativity

Lydford - Morning Prayer

Bridestowe – Joint Service at Methodists

3:30pm

Sticklepath - Carol Service

6:00pm

Hatherleigh - Carol Service

6:30pm

Belstone - Carol Service

Sunday 22nd December

(4th Sunday of Advent)

9:30am

Belstone – Holy Communion

Bratton Clovelly – Holy Communion

Jacobstowe - Holy Communion

11:00am

Okehampton - Holy Communion

Hatherleigh – Morning Service

Lydford – Holy Communion

Meeth – Holy Communion

Northlew - Holy Communion

3:00pm

Inwardleigh – Christingle

4:00pm

Sourton – Carol Service

6:30pm

Okehampton – Carol Service

Bridestowe - Joint Carol Service

Exbourne – Carol Service

7:00pm

Northlew – Carol Service

Grapevine

3rd Sunday of Advent

15th Dec 2024



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www.northmoorteam.org.uk

How are your anxiety levels doing? And is the joy of Christmas helping or making it worse?

We all run on a certain amount of stress, in fact without some stress we don't really function at all, so it's not all bad. But when we get overloaded, the problems start. From people I speak to, myself included [yes, I do talk to myself sometime, especially when stressed!], there seems to be too much of it around for most people. The modern world seems to have us running at capacity, which is o.k., until something goes wrong and we find ourselves with nothing left.

Paul, in today's reading from Philippians, offers a solution. And it's one we all know about, but seldom take advantage of: prayer. We really do have access to God the father, anytime, anywhere.

Being a Christian who goes to church, it is possible to almost have others [professionals maybe] live out our faith for us; we can be taught, pastored, ministered to, encouraged and loved. But no one else can do your praying for you; that bit is personal, relational. Under pressure? Take Paul's advice.

Leigh Winsbury